

Arbuckle Parks and Recreation District

WWW.ARBUCKLEPARKSANDRECREATION.ORG

(530)723-2705 aprd.mgrimmer@gmail.com

CARDIO WITH WEIGHT AND AGILITY TRAINING



Dates/Times

Tuesdays & Thursdays
6:30pm

PLEASE CHECK FITNESS
CALENDAR ON WEBSITE

Location

APRD Building
309 5th St, Arbuckle

Fees

\$5 per Class *or*
Fitness Cards available for
\$20 card (4 Classes),
\$40 card (8 Classes),
\$75 card (16 Classes).