

## Arbuckle Parks and Recreation District

WWW.ARBUCKLEPARKSANDRECREATION.ORG

(530)723-2705 aprd.mgrimmer@gmail.com

# LOW IMPACT AEROBICS



## DATES/TIMES

**Mon & Wed & Fri**  
@ 6am

PLEASE CHECK FITNESS  
CALENDAR ON WEBSITE

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## LOCATION

**APRD Office**

309 5th St, Arbuckle

## FEES

**\$5 per Class** *or*  
**Fitness Cards available for**  
**\$20 card (4 Classes),**  
**\$40 card (8 Classes),**  
**\$75 card (16 Classes).**